

## Give the Gift of the Duke

John Wayne shirts help  
in the fight against cancer



Just in time for Dads' Day, the John Wayne Cancer Foundation has teamed with Old Guys Rule to produce a line of Duke-themed shirts that are available in the Duke City. Retailing for \$20 at Sportsman's Warehouse (1450 Renaissance Blvd. NE, 261-9900) and Skip Maisel's (510 Central Ave. SW, 242-6526), each shirt has an image of John Wayne and one of the icon's unforgettable quotes, and comes with a take-with-you pack of sunscreen and—most importantly—a portion of the sale from each goes to the foundation to help in the fight against cancer. Better order a few, Pilgrim.

## It's All In the Bag *A tennis player reveals her most-needed supplies*

**Karen Schaffner** has played tennis for 20 years and is the tennis director and tennis pro at New Mexico Sports and Wellness Highpoint—the only NMSW club with a tennis court. So when it comes to packing for a day on the court, the advantage is all hers.



**Tennis Magazine:** "If you're in a tournament, this is good to keep you busy because it has good tips on everything tennis."

**Tennis bag:** "You can carry just about everything you'll ever need for tennis; it has different compartments to keep things separate, too."

**Racquet:** "You have to try them all out before you buy one. It's like going to a car dealer and test-driving different cars; they all have a different feel and style to them."

**Basic Essentials:** "Sunscreen, lip balm, hair ties, lotion. You want to look good out there, but looking good can't be your focus. You need to focus on the game."

**Emergen-C:** "It hydrates and gets your body the electrolytes it needs."

**Hats:** "I have a lucky hat, one that looks good and one that makes me happy."

**Wilson High Altitude Extra Duty Felt Ball:** "Balls bounce differently in different altitudes, so you need to make sure you have the right kind."

**Strings:** "If you break them, you can string them."

**Pro Over Grip:** "If it's a hot day, you want to put this over the handle to keep the grip tight."

**Water Bottle:** "I drink three quarts of water a day. You don't want to dehydrate out there. If you don't have water with you, it's like not having a racquet." —JT

